

<p>What will I study?</p>	<p>Psychology is the scientific understanding of human behaviour</p> <p>You will be studying the AQA A Level Psychology Specification: https://filestore.aqa.org.uk/resources/psychology/specifications/AQA-7181-7182-SP-2015.PDF</p> <p>Important note: the specification is currently undergoing minor modification by AQA. The overall topics studied will be the same but a small amount of the content is being removed in some sections. The updated version has not yet been released but will be provided to you at the start of the course. In the meantime, you should check the AQA website later in the summer.</p>
<p>What resources or equipment will I need?</p>	<p>You will be provided with information booklets and access to a digital textbook.</p> <p>To each lesson you will need to bring:</p> <ul style="list-style-type: none"> ▪ a pen ▪ paper ▪ a ruler ▪ a standard calculator ▪ a curious mind!
<p>Reading List</p>	<p><u>Online</u></p> <ul style="list-style-type: none"> ▪ Simply Psychology: www.simplypsychology.org/a-level-psychology ▪ Bear it in mind: www.bearitinmind.org ▪ Psych Boost: www.youtube.com/@PsychBoost ▪ British Psychological Society Digest: www.bps.org.uk/psychologist ▪ Careers in Psychology: www.bps.org.uk/jobs <p><u>Books</u></p> <ul style="list-style-type: none"> ▪ Yr1 Textbook: AQA Psychology for a Level Year 1 and AS Student Book: ISBN 1912820420 ▪ Psychology: Why It Matters: ISBN 1509550437
<p>How can I extend my learning?</p>	<p>Pick a book to read from the British Psychological Society reading list: https://www.bps.org.uk/psychologist/ultimate-psychology-reading-list</p>

Taster Activity: To be completed and brought to your first lesson

Resources needed to complete the activity:	Internet access
Estimated time to complete the activity:	1-2 hours

TASK 1: How accurate is memory?

For this first task, we will look at one of the topics you'll be studying early in the course. Elizabeth Loftus is researcher who has made some very important discoveries about how memory works and why it cannot always be trusted. Watch this short video about her research using this link:

[Memory Malleability, Dr. Elizabeth Loftus](#)

Now answer these questions:

1. What did she discover about the effects of leading questions on memory?
2. What implications does her research have for the criminal justice process, e.g. police interviews, the credibility of eyewitness testimony in court?
3. Do you think your memories could be altered in the way she claims? Why/Why not?

TASK 2 - Other Psychology studies

In preparation for A level Psychology it would be helpful to read and think critically about current psychological research. You can access a variety of research studies via The British Psychological Society (BPS) Research Digest: [The British Psychological Society's Research Digest | BPS](#)

Choose **one** research study from the website above. This could be a study in the feed that you find particularly interesting, or you could use the search box to find research relating to a topic you will study next year (e.g. memory, attachment, conformity, obedience, phobias, OCD, depression).

For the study that you have chosen, complete the following questions. Try to keep your answers to each of the questions brief.

NOTE: The Research Digest website includes a mixture of psychological research studies and other general articles about psychological topics. To complete the tasks below you will need to find examples of psychological research.

1. What are the names of the psychologists or the name of the study?
2. What is the aim of the study? (What question is it about?)
3. Who are the participants/ the individual or group of people used in the study?
4. What did the participants in the study have to do? (Different participants may have had to do different things) or how was the study conducted?
5. What did the study find?
6. What conclusions can be drawn from this study?
7. What are the limitations with the study?
8. Could the findings from the study be useful in any way?