

## **Progression Evening June 2024**

### **Volunteering**

Volunteering is a great way for students to gain skills and experience that will help them when applying for University, Apprenticeships or employment.

See below for details of organisations offering volunteering opportunities locally. If you would like to discuss this further please feel free to get in touch with Careers on 0116 247 2982 or email [careers@wqe.ac.uk](mailto:careers@wqe.ac.uk)

### **Voluntary Action Leicester (VAL)**

**VAL** hold a database of volunteering opportunities across Leicester and Leicestershire. Students can contact them by phone or email. To search the database online go to <https://valonline.org.uk/start-volunteering/>

### **FOCUS**

**FOCUS** offer a range of volunteering opportunities giving young people the chance to develop important skills such as leadership and team work. For further information go to the website at <https://focus-charity.co.uk/>

Students can also volunteer within local NHS Trusts – this experience is invaluable, particularly for students who are planning to go into a career in healthcare.

### **University Hospitals Leicester (UHL)**

For volunteering opportunities at Glenfield, Leicester Royal Infirmary and the General Hospital go to <https://www.leicestershospitals.nhs.uk/aboutus/work-for-us/volunteering-at-leicesters-hospitals/>

### **Leicestershire Partnership Trust (LPT)**

LPT are the local provider of community health services and they also offer a range of volunteering opportunities for young people  
<https://www.leicspart.nhs.uk/involving-you/volunteering/>