

Resources and Taster Activities Get ready for a successful start!

Subject:	Psychology
Subject Context:	Psychology is the scientific understanding of human behaviour A Level Psychology – AQA Specification: https://filestore.aqa.org.uk/resources/psychology/specifications/AQA-7181-7182-SP-2015.PDF
Reading List:	 Online Simply Psychology: www.simplypsychology.org/a-level-psychology Bear it in mind: www.bearitinmind.org Psych Boost: www.youtube.com/@PsychBoost British Psychological Society Digest: www.bps.org.uk/psychologist Careers in Psychology: www.bps.org.uk/jobs Books Yr1 Textbook: AQA Psychology for a Level Year 1 and AS Student Book: ISBN 1912820420 Psychology: Why It Matters: ISBN 1509550437
Essential resources or equipment required for the course:	 You will be provided with information booklets and access to a digital textbook. To each lesson you will need to bring a pen, paper, a ruler, a standard calculator, and a curious mind!
Taster Activity:	TASK 1 – The Stanford Prison Experiment For this first task, we will look at one of the most famous experiments in psychology. Watch this video about the experiment using this link: Stanford Prison Experiment - https://video.link/w/k1Koc Now answer these questions: 1. Where you surprised by what you saw? 2. What does this study tell us about human behaviour? 3. Do you think it was right for Zimbardo to carry out this study? (Are there any ethical problems?) TASK 2 - Other Psychology studies In preparation for A level Psychological research. You can access a variety of research studies via The British Psychological Society (BPS) Research Digest: https://digest.bps.org.uk/ Choose THREE research studies from the website above. These could be studies in the feed that you find particularly interesting, or you could use the search box to find research relating to some of the topics you will study next year (e.g. memory, attachment, conformity, obedience, phobias, OCD, depression). For each of the three studies that you have chosen, complete the following questions. Try to keep your answers to each of the questions brief.



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	NOTE: The Research Digest website includes a mixture of psychological research studies and other general articles about psychological topics. To complete the tasks below you will need to find examples of psychological research. 1. What are the names of the psychologists or the name of the study? 2. What is the aim of the study? (What question is it about?) 3. Who are the participants/ the individual or group of people used in the study? 4. What did the participants in the study have to do? (Different participants may have had to do different things) or how was the study conducted? 5. What did the study find? 6. What conclusions can be drawn from this study? 7. What are the limitations with the study? 8. Could the findings from the study be useful in any way?
Resources needed to complete the activity:	Internet access
Estimated time required to complete the activity:	2-3 hours
How you could extend your learning:	Pick a book to read from the British Psychological Society reading list: https://www.bps.org.uk/psychologist/ultimate-psychology-reading-list