

Progression Evening June 2020

Volunteering

Volunteering is a great way for students to gain skills and experience that will help them when applying for University, Apprenticeships or employment.

See below for details of some organisations offering volunteering opportunities locally. If you would like to discuss this further please feel free to get in touch with Kate in Careers on 0116 247 2982 or kate.ofarrell@wqe.ac.uk

Voluntary Action Leicester (VAL)

VAL hold a database of volunteering opportunities across Leicester and Leicestershire. Students can contact them by phone, email or by visiting 9 Newarke Street, Leicester.

To search the database online go to

<https://www.volunteerleicestershire.org.uk/opportunity-search>

FOCUS

FOCUS offer a range of volunteering opportunities giving young people the chance to develop important skills such as leadership and team work. For further information go to the website at <https://focus-charity.co.uk/>

National Citizen Service (NCS)

NCS is a once-in-a-lifetime opportunity that helps young people build skills for work and life, while taking on challenges and meeting new friends. This is done through residential activities, skills development and social action projects. To find out more go to

www.leics-ebc.org.uk/national_citizen_service

Young people can also volunteer within local NHS Trusts – this experience is invaluable, particularly for students who are planning to go into a career in healthcare.

University Hospitals Leicester (UHL)

For volunteering opportunities at Glenfield, Leicester Royal Infirmary and the General Hospital go to www.leicestershospitals.nhs.uk/aboutus/work-for-us/volunteering-and-voluntary-work

Leicestershire Partnership Trust (LPT)

LPT are the local provider of community health services and they also offer a range of volunteering opportunities for young people

[www.leicspart.nhs.uk/ Involvingyou-Volunteering.aspx](http://www.leicspart.nhs.uk/Involvingyou-Volunteering.aspx)