

Let's discuss... **Keeping Safe On-line**

<p>INTRODUCING THE TOPIC...</p>	<p>More than half of the cases of CSE currently open to social care teams in Leicestershire, Leicester and Rutland can be traced to on-line activity.</p> <p>Young people are often far less cautious about the way they behave online than they would be in real life.</p> <p>Young people take risks online which can potentially cause long term damage to their mental health and self-esteem.</p> <p>Talking to young people about their online behaviour can help to keep them safe.</p>
<p>THINGS TO KNOW AND TALK ABOUT...</p>	<ul style="list-style-type: none"> - Showing an interest in your young person's online friends and the sites they are visiting. - The importance of privacy settings. Ideally have them set on all platforms they visit – or get them to show you how to do it! - Keeping personal information private. Perpetrators can collect information from many sources. Don't give clues away in photographs or public posts. - The use of parental controls on electronic devices. - Encouraging your young person to talk to you, or someone else they trust if they have concerns, or are worried about something they have done or seen on line
<p>HELP AND ADVICE ...</p>	<p>https://www.thinkuknow.co.uk/</p> <p>https://ceop.police.uk/safety-centre/</p> <p>If you have concerns, report them through CEOP.</p>